The Hawk Talk – May 9, 2022

The 37TRW weekly rundown of events, news and need-to-know information



Warhawks:

I hope that all of you enjoyed this past weekend – with Friday being Spouse Appreciation Day and Sunday being Mother's Day, there was much to celebrate and many to honor. Earlier in the week, we held an All Spouse Meet Up at DLIELC (see photos below), and we also surprised Mrs. Valerie Anderson during Free Form Friday by telling her she was the 37th TRW Spouse of the Year! Congratulations to you, Valerie! Thank you to our moms and our spouses for all they do in helping us succeed in life and in our mission.



You may have already heard this news but it bears repeating – big changes go into effect at two of our installation gates next week on May 19. The Luke West Gate will close permanently. Instead, the Selfridge West Gate will be open the following hours:

- Monday, Tuesday, Wednesday and Friday, 6-9 a.m. inbound and outbound; 3-6 p.m. outbound only.
- Thursdays: 6 a.m. to 6 p.m. inbound and outbound.
- Closed AETC Family Days and holidays.

As always, please be patient and give yourself extra time to travel on graduation days.

Another recent change – hours at the Luke East Visitor Center, now open from 5 a.m. to 9 p.m. seven days a week. Thank you to our mission partners at the 802nd Security Forces Squadron for supporting us!

UPCOMING EVENTS

Mark your calendars for National Police Week and join the 343rd TRS in honoring Security Forces Airmen and their families. On May 18, all JBSA personnel are invited to a 5K Fun Run at 0800 and a Security Forces / Military Working Dog showcase at 0900. No sign up required, just meet at the 343rd TRS PT pad near the Skylark Bowling Center on JBSA-Lackland. On May 20, JBSA military personnel can compete in an Excellence in Competition Shootout at 0800 at the Chapman Training Annex / BLDG 950. Only the first 100 to sign up will compete and the top 10 shooters will earn recognition. Sign up with the QR code below in the graphic.

Police Week 2022

343rd TRS and 37th TRSS



5K Fun Run

Wednesday, May 18 0800 343 PT PAD (near Skylark Bowling Center) Open to all JBSA Personnel No sign-up necessary

Showcase Wednesday, May 18 0900 343 PT PAD (near Skylark Bowling Center) Open to all JBSA Personnel No sign-up necessary Police and Military Working Dog displays



Excellence in Competition Shootout

Friday, May20 0800 Chapman Training Annex / BLDG 950 JBSA Military Personnel ONLY 100 available slots. Use the QR code to sign up

WHAT: Asian American Pacific Islander Heritage Month
WHERE: DLIELC Auditorium
WHEN: May 13 and 20 (see the poster below for times)
WHY: Support Diversity and Inclusion events and represent!
EVENT POC: Loida Puno at loida.puno@us.af.mil



WHAT: FORCECON 22

In partnership with the City of San Antonio's Port Authority and their newest multipurpose venue the Tech Port Center & Arena, Air Force Installation and Mission Support Center, Air Education and Training Command, Air Force Gaming, the University of Texas at San Antonio, and AFWERX are collaborating with industry, gaming, and academia for FORCECON 22. FORCECON 22 is a week-long series of activities at the new Tech Port to learn from each other and dialog on innovative solutions for force development and installation support challenges culminating with members from all services facing-off in the Armed Forces Sports Championship featuring Halo Infinite by Air Force Gaming.

WHERE: There are 2 Registration Links. One for the Joint AETC & AFIMSC Day and one for the Armed Forces Sports esports Championship.

WHEN: AETC Innovation Day on Tuesday, 24 May and the combined AETC-AFIMSC Industry Day & Expo on Wednesday, 25 May. To register, click here: <u>https://www.eventbrite.com/e/forcecon22-aetcafimsc-innovation-industry-days-tickets-321743592747</u>

Armed Forces Sports Championship featuring Halo Infinite 28 May:

https://einvitations.afit.edu/inv/anim.cfm?i=657578&k=0464450C7C5F

Air Force Gaming's Minor League Worlds Championship featuring Fortnite & Rocket League, 29 May WHY: Come join the collective teams to collaborate, learn from one another, and cheer on your Air Force & Space Force in the Armed Forces Sports esports championship!

FREE FORM FRIDAY

Watch the Season 2, Episode 39 edition of Free Form Friday <u>HERE</u>. What better way to celebrate Military Spouse Appreciation Day than to announce our Key Spouse of the Year for the #37TRW. Mrs. Valerie Anderson is the Key Spouse for the 637th ISS at the Defense Language Institute English Language Center. She is just one of the many spouses throughout the wing who have volunteered their time to support our Warhawk families. Congratulations to Mrs. Anderson and "thank you" for your dedication and commitment to others.

v/r

Rockie K Wilson, Col, USAF Commander, 37th Training Wing

WARHAWK UNIVERSITY



Upcoming Courses: Scan the QR code for the latest opportunities.

Got questions about Training & Development? Find out more at: <u>37TRW.Warhawk.University@us.af.mil</u>

FEEDBACK THROUGH WARHAWK SOLUTIONS



Let your voice be heard! Use Warhawk Solutions to submit feedback! We hear you! When you submit a Warhawk Solutions, your questions/concerns are brought to leadership's attention. Answers are provided in various forums such as FreeForm Friday which is hosted live each Friday on the <u>37th TRW Facebook Page</u>; commander's calls, and the <u>37th TRW Website</u>.

MILITARY SPOUSES

Virtual Friday Q&A for Military Spouses

Topic: eMBOLDEN Presenters: Dina Castro and Senaida Aranda! Date/Time: 13 May 2022, 2:00-2:30

Join ZoomGov Meeting: <u>https://www.zoomgov.com/j/16060898574</u> Meeting ID: 161 709 5840 | Passcode: 093 568 For more information, contact the Fort Sam Houston - M&FRC - PWL Team @ 802FSS.FSYR.PersonalWorkLife@us.af.mil

Topic: Marriage. Communication Styles. What is yours? Presenter: Rose Padilla, Family Advocacy Program Date/Time: 20 May 2022, 2:00-2:30

Join ZoomGov Meeting: <u>https://www.zoomgov.com/j/16060898574</u> Meeting ID: 160 6089 8574 | Passcode: 391070 For more information, contact the Lackland M&FRC Key Spouse Team at <u>802fss.fsfr@us.af.mil</u>

Registration is not needed for our Virtual Friday Q&A for Military Spouses, just zoom in at the meeting IDs above.

Key Spouse Training

Call the LAK-M&FRC front desk at 210-671-3722 to sign up! *Annotates evening or weekend training

- Initial Key Spouse (KS) Training: 9:00-2:00 on 4 Jul, 19 Oct, M&FRC Bldg 5725. (In-person)
- Refresher KS Training: 10:00-11:00 on 22 Jun, 14 Sep, 16 Nov
- *17 Sep, 10:00-11:00 (Sat)
- Mentor KS Training: 10:00-11:00 on 25 May, 31 Aug, 10 Nov *25 May, 5:30-6:30 pm & *5 Nov 10:00-11:00 (Sat)
- Continuing Education KS Training: 11:00-12:00 on 22 Jun, 14 Sep, 18 Nov
 Suicide Awareness (SA) Training: Completed individually on line.
- https://www.resilience.af.mil/Programs/Equipping-Families/
- Sexual Assault Prevention Response (SAPR) Training: 10:00-11:00 7 Nov

Workshops and Seminars

Mental Health and Resiliency Fair: live presentation from Kevin Hines. Panel of medical and mental health experts Q&A. Bob Hope Theater, may 14, noon to 4 p.m.

Adoption Foster Care Seminar: Review the adoption and foster care process, state and legal requirements, benefits, DEERS enrollment, and more. May 18 from 9 a.m. to noon. Call the LAK M&FRC at 210-671-3722.

From Childcare to the Corporate Ladder: Marketing Your Transferrable Skills to Employers; tune into the SECO webinar on May 18 at 1 p.m. ET to learn how to market transferrable skills. Register at https://www.zoomgov.com/j/1601488869?pwd=bXFSSi9yWU1aUVILVIhjTmtXbGcxQT09#success

Supporting the Bereaved: Learn how to comfort the bereaved. May 25, 10-11 a.m. Call the RAN M&FRC at 210-652-5321.

Bundles for Babies: Active duty Air Force families expecting a baby or with a with a new baby, learn about budgeting, infant dental care, enrolling baby in Tricare and more! Eligible families receive a free gift. May 26, 9 a.m. to noon. Call the LAK M&FRC at 210-671-3722.

Community Resources & Information

Dad's The Basics: Brought to you by the Family Advocacy Program, Dad's The Basics is intended to give you basic information about becoming a dad and your role as a father. Participants gain helpful lists, guides, and information related to pregnancy, labor, and delivery, communicating with your spouse, caring for an infant and managing family issues.

When: June 14, Sept. 13, and Dec. 13, from 1-4 p.m.

Where: Mental Health Clinic (3rd FL, Wing B, at Wilford Hall Ambulatory Surgical Clinic)

Who: All expectant dads welcome. Class is instructed by an experienced dad. To register call 210-292-5967.

JBSA Military & Family Readiness Center Classes & Events: The M&FRC offers a variety of classes that support all Airmen such as Transition Assistance Programs, Financial Readiness, Goal Setting, Microsoft Office, etc. Classes are free and open to all DoD ID cardholders (military members, military spouses, teens, Gold Star families, retirees, and DoD civilian employees). The calendar of events booklet can be accessed via the following link: https://www.jbsa.mil/Resources/Military-Family-Readiness/. Call any of the M&FRCs for more information: Lackland: 210-671-3722 or email 802fss.fsfr@us.af.mil, Fort Sam Houston: 210-221-2705 or email usaf.jbsa.502-abw.mbx.mfrc@mail.mil, or Randolph: 210-652-5321 or email randolphmfrc@us.af.mil.

New location for the JBSA-Lackland M&FRC: 1550 Wurtsmith Street, Bldg. 5725, (Education Bldg)

JBSA COMMUNITY PROGRAMS

Harlequin Theater Presents Misery Now through June 4

The JBSA Fort Sam Houston Harlequin Theatre presents Stephen King's "Misery" at the Sam Houston Theater at 2417 Stanley Road. Successful romance novelist Paul Sheldon is rescued from a car crash by his "number one fan' Annie Wilkes. She holds him captive in her secluded home while he convalesces and she reads his latest book, becoming enraged when she finds her favorite character is killed off. Annie forces Paul to write a new novel. Paul writes as if his life depends on it and it really does.

Tickets start at \$18 and doors open at 7 p.m. Please call 210-222-9694 to make a reservation. This is sponsored by GEICO and the Gunn Automotive Group. No federal endorsement of sponsors intended.

Taste of JBSA

The 502nd Force Support Squadron is bringing the annual Taste of JBSA to the parking lot across from Broadway Bank along Stanley Road on May 20. JBSA's most popular food trucks will dish out fan favorites while craft beer and wine will be available for sampling and purchase.

The 2022 Taste of JBSA event is an evening of communal recreation with great food, backyard games, music and fun! The cost for this event is \$15 per wristband if purchased in advance or \$25 if purchased at check-in and includes five samples of either beer or wine. Come tantalize your taste buds, sit back, and relax with us from 6-9:30 p.m. and don't forget to take advantage of our Youth Programs "Parents Night Out" also taking place that evening.

This event is sponsored in part by THE GUNN AUTOMOTIVE GROUP, GEICO, Randolph-Brooks federal Credit Union, Silver Eagle and First Command.

Registration is required by emailing <u>JBSACOMMUNITYEVENTS@GMAIL.COM</u> with the names and ages of everyone in your party, and a good contact phone number. No federal endorsement of sponsors intended. For more information, please call community programs at 210-652-5763.

ARNOLD HALL

Bingo Night

May 17 • Doors open at 5 p.m. and games start at 6 p.m.

Join us for a night for bingo fun and try your luck at winning. A cash bar will be available for adult beverage purchases. Bingo packs start at \$25. Registration is required. Deadline to register is noon on May 17. For more information and to register, call 210-671-2619 or email <u>arnoldhallevents@gmail.com</u>.

Karaoke and Open Mic Night

May 20 • Doors open at 3 p.m. • Free

You are invited to join us to mingle and get to know new people within the JBSA area. Kick off your weekend with tasty drinks, outstanding music by a DJ and great conversation. The floor will be open for karaoke and open mic so grab your friends and get ready to experience social hour like never before! Don't forget to like us on Facebook and Instagram for updates on the latest events!

BOWLING

\$5 Bowling Special

Tuesdays • Open to close Bowl three games for only \$5 -- what a great deal!

Pins & Pints

Thursdays • 2-5 p.m.

Bowl for two hours for only \$30 per lane (limit 6 guests per lane). Rental shoes included. Bar will be open with a new special each week

Lunch & Bowl Fridays • 11 a.m. to 2 p.m. Spend \$10 or more at the Ten Pin Café and get one game with shoes for FREE

GATEWAY CLUB

Variety Night

May 13 and 20 • 5-10 p.m.

The Gateway Club hosts Variety Night as DJ Tony Style plays a wide variety of music in the Lone Star Lounge. Relax in the lounge or enjoy the weather out on the patio with pool tables and big screen TVs.

Mother/Son Dinner/Dance

May 14 • 5-8 p.m.

Join us in the Gateway Club Ballroom for delicious food, dancing, games and prizes. Music will be provided by OMG Sounds. Patrons may make reservations now through May 11. No refunds after May 12. For more information and to make reservations, call 210-645-7034. Payment required at time of reservation.

Pricing: Mother/son member couple: \$25 Additional adult member: \$12.50 Additional child member: \$5

Mother/son nonmember couple: \$27 Additional adult nonmember: \$14.50 Additional child nonmember: \$7

Designer Bag Bingo

May 22 • Doors open at noon, games start at 1 p.m.

Come on out and try to win some great designer bags. The cost is \$20 for members or \$25 for nonmembers. A Pay As You Go Bar will be available along with some halftime snacks. To make a reservation, call 210-645-7034. No refunds after May 19. The cost for the event at the door is \$25 for members and \$30 for nonmembers. There will be a club card drawing and the winners will select prizes from the prize table.

FITNESS CENTERS

Chaparral Fitness Center

Open Gym Volleyball

May • Tuesdays and Thursdays • 11 a.m. to 1 p.m.

Cinco de Mayo Racquetball Ladder Challenge; May 5-26

Members will compete against each other during the month of May. Winner will be announced on May 26 and a prize will be awarded. Event is free and open to all DoD ID cardholders. For more information, call 210-671-2401.

Chapman Fitness Center

BeaverFit Mayhem HITT Challenge

May 13 • 8 a.m. to 4 p.m. • Free

Lackland Fitness is hosting this challenge for May Fitness Month. Medals will be awarded to the top three male and female competitors. Event is open to all DoD ID cardholders age 18 and older.

Gillum Fitness Center

Team Triathlon May 20

Each team must have six participants that try to complete the three obstacles. This is a free event open to all DOD ID card holders. For more info, please contact the Gillum Fitness Center at 210-977-2353.

Kelly Fitness Center

Three-Point Shootout • Kelly Outdoor Basketball Court

May 19 • 11a.m. to 1 p.m.

Pre-registration is not required. The participant that makes the most shots from five different locations wins. This event is free and open to all DoD ID cardholder 18 & older.

Warhawk Fitness Center

Beast Mode Challenge

May 18 and 25 • Noon to 1 p.m.

Beast Mode is a high-intensity interval training program with intermittent exercises. The class alternates different real-life functional movements using strength for short periods of intense anaerobic, with less intense recovery periods. For more information, call 210-671-2016.

Basketball Skills Challenge

May 25 • 11 a.m. to 1 p.m.

Showcase your skills with this fun basketball skills challenge. Competitors will go through a series of five different obstacles that will test their ball handling skills, passing, shooting ability and agility. The person with the fastest time and the least mistakes wins! Sign up deadline is May 22. This event is free and open to all DoD ID cardholder age 18 and older. For more information, call 210-671-2401.

LACKLAND GOLF

Junior Golf Camp

June 13-16 • Ages 8-17

The cost for this year's Junior Golf Camp is \$200 if your child needs clubs which are his or hers to take home at the conclusion of the camp and \$100 for children who already have clubs. The camp takes place 8-9:30 a.m. Monday–Wednesday and 9:30-11 a.m. on Thursday. The first three days are devoted to lessons on chipping, putting, and hitting and Thursday is on-course instruction and play on the golf course. To sign up, call Brandon Ellis at 210-671-3466.

INFORMATION, TICKETS AND TOURS (ITT)

Majestic Tickets Only at JBSA-Lackland ITT (210-671-3059)

<u>Jesus Christ Superstar</u> July 5-10 Prices \$43 - \$93 per person

San Antonio Stay-cation Ideas

City Sightseeing SA – Hop on / Hop off Bus Adults \$22.95 / Children (5-11) \$12.95 – 24-hour ticket / 48-hour option also available

Buckhorn Saloon & Museum

Adults \$20 / Child (4-11) \$13

Tower of the Americas

Ages 4 and up \$10 – includes elevator to Observation Deck, "Flags of Texas" and "Skies Over Texas" 4-D Theater Ride

ZDTS's Amusement Park – Seguin

Unlimited Wristband (ages 2 and older) \$28

San Antonio Zoo

Discounted ticket prices: Adults: \$21.50 Children (3-11): \$18.75

Cave Without a Name – Boerne

Adults: \$18 Children (6-12): \$9

Texas State Aquarium

Adults \$30.75 / Child (3-12) \$24.25

2022 Walt Disney World Military Salute Promo Tickets Are Here

2022 Military Salute ticket prices are valid through Dec. 12, 2022. A 4-day Disney Military Salute Ticket with Park Hopper Option is \$83 per day for a total of \$329 and a 5-Day Disney Military Salute Ticket with Park Hopper Option is \$70 per day for a total of \$349 for ages 3 and older. There is a strict limit of six per U.S. active-duty military and 100% disabled veterans. Due to stock limitations, we ask that you order tickets 2-3 weeks prior to your travel date. For more information and eligibility rules, call 210-671-3059. Also, plan your resort stay with up to 40% off Walt Disney World Resorts.

Universal Studios Freedom Pass

Universal Orlando Resort introduces the Military Freedom Pass offering DoD ID cardholders, 100% disabled veterans and their families a chance to visit the world-class entertainment destination all year and without blackout dates. This special offer of allows all eligible personnel to enjoy two or all three award-winning theme parks, including Universal Studios Florida, Universal's Islands of Adventure and Universal's Volcano Bay.

Leisure Travel Packages

Let's Get Cruising!

8 Night Western Mediterranean Cruise on the Vision of the Seas w/Royal Caribbean Cruise Line June 2-10

Travel from: Barcelona Spain to Monte Carlo Monaco, Provence France, Ajaccio Corsica, Portofino Italy, Rome Italy, & Sicily Palermo

Rates: Start at \$800 per person (Air not included and prices based on double occupancy and excludes gratuities & travel protection). Full payment and a \$10 service fee are due at booking.

7 Night Western Caribbean Cruise on the Liberty of the Seas w/Royal Caribbean Cruise Line June 26 – July 3

Travel from: Galveston to Cozumel Mexico, Grand Cayman, & Falmouth Jamaica Rates: Start at \$865 per person (excludes gratuities & travel protection, prices based on double occupancy). Full payment and a \$10 service fee due at booking.

OUTDOOR RECREATION

Equipment Rental

Are you ready for your summer adventures to begin? Having the right gear goes a long way to making an adventure amazing. Make JBSA-Lackland Outdoor Recreation your one stop shop to get all your adventuring needs. Outdoor Recreation has you covered from coolers, rods/reel and boats for your fishing needs, to tents and sleeping bags for camping. Are you thinking of a "Stay-cation"? Then come get BBQ smokers, canopies and all the best yard games to make your time at home feel five-star rated. Not a tent person? We have travel trailers so you can enjoy the great outdoors in style and comfort. Give us a call for availability and prices.

LACKLAND YOUTH

Summer Teen and Pre-Teen Camp

Monday-Friday • 7 a.m. to 3 p.m.

Youth Programs is back to programming awesome teen summer activities and trips. Some activities will include Randolph, Lackland and Fort Sam Houston teens. Digital arts, music, sports, water activities, and more are scheduled each week.

Youth Programs has robotics, coding, music, art, trips and so much more are planned each week for pre-teens. Randolph, Lackland, and Fort Sam Houston pre-teens and teens will have a collaborative event each month.

The cost for both teens and pre-teen summer camps is \$130 per week. To register or get more information, contact your local Youth Programs office at 210-671-2388.

Youth Summer Basketball

Through May 31

The cost for this program is \$60. The age groups will be 5-6, 7-8, 9-10 and 11-14. A current sports physicals and shot records w/current flu shot are required at time of registration. Sports physicals must be valid through the duration of the basketball program in order to participate. To register and for more details, call 210-671-2388.

#Futurestrong Lock In

May 13-14 • 9 p.m. to 7 a.m.

Youth ages 9-12 are invited to join us for a night of games, food and fun and the cost is only \$10 per youth. This event requires registration and a copy of current immunizations. For more information or to register, call (210) 671-2388.

Outdoor Creativity

May 20 • 4-6 p.m.

Join Lackland Youth Programs for a day of camaraderie and grounds beautification! Enjoy some time outdoors raking leaves and planting flowers for the spring and summer months. All necessary gardening tools will be provided. This is a great opportunity to show off your outdoor creativity. For more information on volunteering for this outing, call 210-671-2388.

Give Parents a Break (GPAB) and Parents Night Out (PNO)

Lackland Give Parents A Break/Parents Night Out

May 20 • 5:30-9:30 p.m.

Youth Programs can give parents that much needed break through the GPAB or PNO Programs. Cost is \$25 per child with a sibling discount or FREE with a Give Parents a Break referral. The last day to register is the Wednesday prior to the event. To register, call 210-671-2388

America's Kids Run

May 21 • 8-11 a.m.

The America's Kids Run is a FREE family run for children and adults. The first 50 participants registered will receive a free America's Kids Run T-shirt. Children ages 5-6 run a half mile, ages 7-8 run a full mile, ages 9-13 run two miles and parents can run the 5K or run along with their children. To register, visit or call LAK Youth Programs at 210-671-2388. The event will take place at the Youth Center at JBSA-Lackland.

NEWS ACROSS THE 37 TRW / AIR FORCE / SPACE FORCE / DoD

- Click <u>here</u> for the latest news from the 37 TRW.
- Click here for the latest news around the Air Force.
- Click here for the latest news around the Space Force.
- Click<u>here</u> for the latest news around the DoD.

HAVE A SUMBISSION FOR THE HAWK TALK? EMAIL YOUR INPUTS TO <u>37TRW.PA.INBOX@US.AF.MIL</u>. Trust our Resilient Airmen to Innovate and Nurture. Warhawks TRAIN to Win!